

# JOIN US FOR A WEIGHT WATCHERS® OPEN HOUSE.



Come to an Open House<sup>†</sup> right here at Notre Dame and see for yourself how Weight Watchers can help you be healthier. You'll learn about our program and how Weight Watchers helps you set your goals and achieve them.

LEARN HOW TO SIGN UP FOR WEIGHT WATCHERS AT WORK MEETINGS\* WITH MONTHLY PASS.\*\*  
OUR NEXT OPEN HOUSE WILL BE HELD:

DATE: **Tuesday, January 22<sup>nd</sup>, 2013**  
TIME: **12:15 pm**  
LOCATION: **Hesburgh Library, room #248**

For more info, call askHR at (574) 631-5900, email [askhr@nd.edu](mailto:askhr@nd.edu), or visit <https://hr.nd.edu/work-life-balance/caring-for-yourself/>.

 **WeightWatchers®**  
Because it works

 **UNIVERSITY OF  
NOTRE DAME**

<sup>†</sup> Does not include program materials or weigh-in.

\* Available in participating areas of the U.S. only. Minimum enrollment and participation required to start and maintain an At Work meeting.

\*\* Monthly payment is required in advance. The subscriber will automatically be charged each month in accordance with company pricing until they cancel.

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