

Medication Well-Check



NOTRE DAME
WELLNESS
CENTER



// Has my medication expired? //

Are my medications compatible?

Are generics available? Do they work?

What is a Medication Well-Check?

A medication well-check is an opportunity to get answers to common questions about medications. A Wellness Center pharmacist will review all of your prescription and over-the-counter medications and discuss ways to optimize your medication therapy. Each participant will receive an up-to-date handout of all prescription and over-the-counter medications – a great record to provide other healthcare professionals.

A well-check could:

- determine if your current medications may be aggravating other health conditions.
- identify expensive medications that have suitable or superior alternatives available at lower cost.
- identify combinations of medications that may result in an overdose or unwanted side effects.



Wellness Center Pharmacists not only have clinical knowledge of health conditions, they're also familiar with the Notre Dame prescription drug benefit plan. A medication well-check can optimize your medication therapies to better manage health conditions and meet your medication therapy goals.

Who is Eligible?

All full-time, benefit-eligible faculty and staff, their dependents, and dependents of graduate students.



How to Schedule a Medication Well-Check:

1. Make an appointment with a Wellness Center pharmacist at 574-271-5622.
2. Make a list of all medications you currently take - prescription or over-the-counter.
3. On the day before your appointment, give your list to the Wellness Center pharmacy (in person, or by phone).
4. The pharmacist will have your well-check report ready at your appointment.

100 Wellness Center (corner of Wilson and Bulla)
Notre Dame, IN 46556
(574) 634-WELL (9355)
Pharmacy: (574) 271-5622
Pharmacy Fax: (574) 271-0430
www.WellnessCenter.nd.edu

operated by:
 **take care health systems**SM
a Walgreens Health and Wellness Company