Take a financial checkup

In just a few minutes, we’ll suggest action items to help improve your financial health.

1. Three ways to access the checkup

- Text the word **CHECKUP** to **343898**
- Scan the code. Hover your phone’s camera over the code. No app needed!
- Go to [NetBenefits.com/financialwellness](http://NetBenefits.com/financialwellness)

You will be asked to log in to your ND 403(b) Plan account with your username and password. If you don’t currently have a NetBenefits® account, click “Register Now.” If you forgot your password, select “Having trouble with your username or password?”

2. Answer questions in 4 categories – budgeting, debt management, savings, and protection

3. See what you’re doing well and ways to improve your financial wellness

Individual checkup responses are not reported back to the University; however, the University will receive checkup response reporting in aggregate.


Use of devices depends on availability of internet connection.

Images for illustrative purposes only.

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