Access to COVID-19 Inpatient Expertise

The University of Notre Dame is offering employees and their family members who are enrolled in the medical insurance plans access to the MyConsult 2nd opinion program at no cost for the review of high risk and complex COVID-19 diagnoses and treatment plans. Individuals eligible for this program include, but are not limited to:

- Admission to the Emergency Department / Hospital for hypoxia or secondary end organ dysfunction related to COVID-19 diagnosis
- New diagnosis of COVID-19 with high risk comorbidities:
  1. Cancer
  2. Chronic kidney disease
  3. COPD (chronic obstructive pulmonary disease)
  4. Heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
  5. Immunocompromised state (weakened immune system) from solid organ transplant
  6. Severe Obesity (body mass index [BMI] of >40 kg/m2
  7. Pregnancy
  8. Sickle cell disease
  9. Smoker
  10. Type 2 diabetes mellitus

With the MyConsult 2nd opinion program, you and your family have an entire team of expert specialists from the world-renowned Cleveland Clinic on your side, without the need for travel.

Second opinions are used to:

- Make sure your diagnosis is accurate
- Review the recommended treatment plan and modify as appropriate
- Get further education and feel more confident about your care

Get the peace of mind you need that comes from knowing you have the right diagnosis and a correct treatment plan that will help you obtain the best outcome.

The process is simple: after your initial visit with a nurse care manager, he or she will facilitate the collection of your medical records, and then work with the most appropriate physician expert who will carefully analyze your case in full. That doctor will then deliver your opinion to you in a live consultation, so you can get all your questions answered, and provide you with a clear written summary that you can share with other care providers.

To access the program, follow these steps:

1. Email myconsult2020@ccf.org and secondopinion-list@nd.edu
2. A nurse care manager will promptly schedule an intake visit to facilitate your 2nd Opinion