Meet Engage, your personalized health assistant

Engage helps you make the most of your health plan and connect with resources to achieve your wellness goals.

Download the Engage Wellbeing App today!

Get peace of mind.
Clearly see what’s covered by your plan and access your digital insurance card anytime, anywhere.

Take charge of your wellness.
Track sleep, steps and food to create healthy habits and hit your well being goals.

Make the most of your perks.
Save time and money by discovering additional benefits and programs.

Engage is only available to members with an Anthem medical plan.

Anthem.
Built for the real world.

All for you.

Simplify your health care experience with a personalized health assistant that connects you to the right benefits and programs at the right time. With Engage, you can:

- See all of your medical and pharmacy benefits in one place.
- Access LiveHealth Online and have a face-to-face video visit with a doctor or therapist on your smartphone, computer or mobile device.
- Learn more about our health and wellness programs, like 24/7 NurseLine, Condition Care and Future Moms.
- Sync fitness and wellness data with your wearable fitness device.
- Find motivation to help keep you active and healthy.
- Protect yourself from overpaying by seeing the cost of services and care before setting up a visit.

Using Engage, you can get support through a mobile device, computer or phone.