



Dealing with Difficult People

We have all experienced them. People who frustrate you so much that you feel like pulling out your hair. People who do not turn in their work in as assigned, who do not show up for meetings, who stick vigorously to their views and refuse to collaborate – and more.

So, how do you navigate these people and these interactions? Check out some Skillport resources to help equip you with the skills to deal with them!

**FOR A FULL LISTING OF AVAILABLE RESOURCES,
BROWSE THE FULL CATALOG AT:**
<http://universityofnotredame.skillport.com>



Targeted Course:

[Difficult People: Can't Change Them, So Change Yourself](#) (31 min)



Video:

[Managing Your Reactions to a Difficult Person](#) (5 min)



Book:

[Leading the Unleashable: How to Manage Mavericks, Cynics, Divas, and Other Difficult People](#)



HUMAN RESOURCES

For more information or to suggest topics for next month, contact LaTonia Ferguson at LatoniaFerguson@nd.edu

