



Change Management

You've heard it before: the only constant is change.

In this fast-changing environment, change management skills are paramount if you wish to succeed.




No matter your job, you must learn to manage change. Whether the change is in your personal life or within your job, your skills in change management will help you navigate the journey.

Check out some Skillport resources to help you with managing change!

**FOR A FULL LISTING OF AVAILABLE RESOURCES,
BROWSE THE FULL CATALOG AT:**
<http://universityofnotredame.skillport.com>

For more information or to suggest topics for next month, contact Jeanne Monsma at jmonsma@nd.edu.

FEATURED ASSETS

-  **Targeted Course:**
[Managing Motivation During Organizational Change](#)
(22 min)
-  **Video:**
[Change: Deal With It](#) (3 min)
-  **Book:**
[The Science of Change Management: The 7 Phases of Change & Breaking Through Resistance to Change](#)



HUMAN RESOURCES

