WELL-BEING FOR LIFE



NDHR

TOTAL REWARDS: 2024 OVERVIEW

for Interns





Financial







Emotional

Physical

Social





PROGRAM	WHO PAYS	EFFECTIVE	DESCRIPTION
Medical Insurance	University/Employee The University pays the major portion of the monthly premium; the employee portion is paid with before-tax dollars through payroll deduction.	The first day of the month following your date of employment.	There are three medical plans available: • Anthem BCBS HSA 1 • Anthem BCBS HSA 2 • Anthem BCBS PPO Monthly premiums are as follows: Individual Individual+1 Family Anthem HSA 1 \$81.00 \$201.00 \$262.00 Anthem HSA 2 \$33.00 \$105.00 \$117.00 Anthem PPO \$124.00 \$289.00 \$394.00
Summus	University	The first day of the month following your date of employment if enrolled in a medical plan	The program provides personalized concierge service, including medical records collection and white glove preparation for every consult, vetted referrals to specialists who are in-network and personalized to your case and preferences, and fast, virtual access to the Summus network for you and your family members.
Health Savings Account (HSA)	University/Employee	The same date as the start of your high deductible health plan (if you elect either of the Anthem HSA plans).	For faculty and staff who enroll in either of the Anthem HSA plans, the University will fund an HSA to help with medical expenses. The amounts are as follows: Individual Individual+1/Family Eligible January - June \$500.00 \$1,000.00 Eligible July - December \$250.00 \$500.00 Faculty and staff also may contribute their own funds to the HSA on a pre- tax basis. The IRS limits contributions (employee and employer) to \$4,150 for individual and \$8,300 for family. Additional \$1,000 may be contributed for those over age 55.
Anthem HSA - Accident Insurance	University	The same date as the start of your high deductible health plan (if you elect either of the Anthem HSA Plans).	For faculty and staff who enroll in either of the Anthem HSA plans, the University provides Accident insurance individual coverage at no cost to the faculty or staff member. Administered by Voya. Faculty and staff can purchase additional Accident insurance for their spouse and dependents. See "Accident Insurance".

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Anthem HSA - Critical Illness Insurance	University	The same date as the start of your high deductible health plan (if you elect either of the Anthem HSA plans).	For faculty and staff who enroll in either of the Anthem HSA plans, the University provides \$5,000 of Critical Illness insurance individual coverage at no cost to the faculty or staff member. Administered by Voya. Faculty and staff can purchase additional Critical Illness insurance for themselves, their spouse and dependents. See "Critical Illness Insurance".
Notre Dame Wellness Center	<i>Employee</i> Copays associated with prescription medications, allergy injections, provider office or physical therapy visits. If enrolled in the University's Anthem PPO plan the office visit copay is \$15. If enrolled in either of the Anthem HSA plans, the access fee is \$30.	The first day of the month following your date of employment.	Onsite medical facility operated by Premise Health. The scope of services include routine primary care, emotional well-being, immediate care, pediatric care, physical exams, lab services, vaccinations, allergy management, physical therapy, chronic condition management, referral to specialists when needed, occupational health services, and a full-service pharmacy with a drive-thru for prescription and over the counter medications. The facility is available to faculty and staff not participating in the University's medical plans. In this case, the access fee is \$30. Spouses and dependent children must be enrolled in a University medical plan in order to utilize the Notre Dame Wellness Center.
Dental Insurance	<i>University/Employee</i> The University pays a portion of the monthly premium; the employee portion is paid with before-tax dollars through payroll deductions.	The first day of the month following your date of employment.	The dental plans and associated monthly premiums are as follows: Individual Individual+1 Family Delta PPO \$16.74 \$31.88 \$56.78 Delta PPO, POS \$21.36 \$40.48 \$74.48 Participation is optional. (Two-year enrollment in Dental is required.)
Vision Insurance	<i>Employee</i> Paid with before-tax dollars through payroll deductions.	The first day of the month following your date of employment.	Individual Individual+1 Family EyeMed \$9.72 \$18.35 \$26.88 Participation is optional. \$1000000000000000000000000000000000000

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Base Life Insurance	University	The first day of the month following your date of employment.	Group term policy of \$35,000. Administered by Securian.
Supplemental Life Insurance	<i>Employee</i> Premiums paid with after-tax dollars through payroll deductions	The first day of the month following your date of employment	Supplemental life insurance is available at group rates in increments of one to ten times your salary up to a maximum of \$1,500,000. Administered by Securian
Accident Insurance	<i>Employee</i> Premiums paid with after-tax dollars through payroll deductions.	The first day of the month following your date of employment.	Accident Insurance, administered by Voya, is available at group rates. Dependents may be added for those who have individual coverage included via enrollment in either of the HSA medical plans. The monthly premiums are as follows:
			RateEnrolled inEnrolled in eitherCoverage LevelAnthem PPO PlanAnthem HSA PlanIndividual\$4.88Employer PaidIndividual + 1\$8.32\$3.44Family\$11.76\$6.88Participation is optional.\$11.76
Critical Illness Insurance	<i>Employee</i> Premiums paid with after-tax dollars through payroll deductions.	The first day of the month following your date of employment.	Critical Illness Insurance is available at group rates based upon age of faculty/staff member. Administered by Voya. Participation is optional. Options for purchase are as follows: Employee Benefit \$10,000 or \$20,000; Spouse or Children Benefit 50% of Employee Benefit. Rates for Critical Illness are available at hr.nd.edu. Participation is optional.
Hospital Indemnity	<i>Employee</i> Premiums paid with after-tax dollars through payroll deduction	The first day of the month following your date of employment. For faculty with an August 22 contract, benefits are effective July 1.	Hospital Indemnity coverage, administered by Voya, pays an admission benefit if you have a covered stay in a hospital, critical care unit, or rehabilitation facility on or after your coverage date, and includes newborn benefits. Hospital admission benefit of \$1,000 and daily benefit of \$100. The monthly premiums are as follows:Coverage LevelRate \$21.20 Individual +1 \$26.86 FamilyParticipation is optional.

PROGRAM	WHO PAYS	EFFECTIVE	DESCRIPTION
Health Advocate	University	Upon employment.	The program provides assistance navigating healthcare and insurance issues for you, your spouse, dependent children, parents, and parents-in-law. Please contact Health Advocate at (866) 695-8633.
Carebridge Employee Assistance Program	University	Upon employment.	Carebridge is there for you and your eligible family members with free confidential support, from mental health support, work-life services and emotional wellbeing & behavioral change. Carebridge EAP is your 24-7 confidential resource for: • Mental Health Counseling • Childcare & Parenting • Eldercare Referrals • Legal Concerns • Financial Wellness, Mindfulness & Meditation • Life Coaching • Positive Behavioral Change For assistance, please contact Carebridge at (800) 437-0911
Calm App Premium Subscription	University	The first day of the month following your date of hire.	Calm is an app that provides tools to help users relax, focus and rest, offering guided sessions on sleep, meditation and relaxation.
Child/Elder Care Resources	University	Upon employment.	Bright Horizons Care Advantage includes short-term, back- up care for unexpected child or elder care needs, and an online provider directory through Sittercity for on-going family care solutions. Access to Child/Elder Care Community Google Group.
Travel/Accident Insurance	University	Upon employment.	Provides \$500,000 coverage in the event of accidental death or dismemberment resulting from injuries you sustain while traveling on University business. Your spouse is eligible for \$100,000 coverage in the event of accidental death or dismemberment resulting from injuries sustained if traveling with you on University business. Refer to the Travel Policies and Procedures on the website https://treasury.nd.edu for specific guidelines pertaining to this benefit. Offered by AIG Life Insurance Company.

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UND 403(b)	Employee	Eligible to participate at the time you	Fidelity Investments is the provider of recordkeeping services. There are 13
Retirement Plan			investment options including Target Date Funds, core and specialty funds.
(Voluntary Contributions)	The amount of contributions permitted is	your active employment).	Contributions can be made on a pre- tax or Roth post-tax basis.
	determined by IRS regulations.		
	Contributions are made by employee		Participation is voluntary but encouraged as an opportunity to save for
	through payroll deduction.		retirement.
Incidental Days	University	90 days following date of employment	Ten (10) paid leave days allotted per calendar year which may be used in
			days or incremental hours for personal illness or injury or that of a
			qualifying family member (spouse, child, or parent). Two of the 10 days
			may be used for personal. Prorated for staff working less than 40 hours per
			week or less than a 12 month schedule.
Holidays	University	Upon employment.	Holiday pay for the following days/time not worked:
			• Martin Luther King, Jr. Day
			Good FridayMemorial Day
			Independence Day
			Labor Day
			• Thanksgiving and the day after
			Christmas Celebration
			• New Year's Day Celebration
			(Annual total of twelve to sixteen days).
Vacation	University	Accrual begins immediately upon hire.	One week after six months, two weeks after one year.
-		90 day waiting period before using.	

PROGRAM	WHO PAYS	EFFECTIVE	DESCRIPTION
Bereavement Leave	University	Upon employment.	 Bereavement Leave is provided as follows, for days you are normally scheduled to work: Ten paid work days & flexibility for additional time off, up to one month, for immediate family including spouse, child (including step-children), or in the event of a miscarriage Five paid work days for parent (including step-parents) or your spouse's parent Three paid work days for you or your spouse's extended family including siblings (step-siblings included), brothers/sisters-in-law, stepchildren (including step-grandchildren), grandparents, and grandchildren One paid work day for aunt, uncle, niece, nephew, cousin
Educational Benefits: Employee/Spouse at the University of Notre Dame	University/Employee Undergraduate Course: 100% University Graduate Course: 100% University	Upon employment.	You and your spouse are entitled to one three credit hour undergraduate course each semester and summer session or one three credit hour graduate course each semester and summer session. Educational benefits received may be taxable.
Availability of Athletic Facilities	University	Upon employment.	These include handball, squash, basketball and tennis courts, running track, swimming pool, fitness and weight rooms.
Bookstore, Joyce Center Varsity Shop, and Golf Pro Shop	University	Upon employment.	Discount (20%) on most items.
Golf Courses	University	Upon employment.	Discount on greens fees.
University Libraries	University	Upon employment.	Books and materials may be borrowed upon presentation of your University identification card.
Parking	<i>University</i> Reserved parking is available.	Upon employment.	Free parking is available to all University employees. A parking pass may be obtained at University Parking Services located in Hammes Mowbray Hall.

PROGRAM	WHO PAYS	EFFECTIVE	DESCRIPTION
Automobile Discount Program	Employee	Upon employment.	Several automobile corporations have extended their supplier discount program to University faculty, administrators, and staff who reside in the United States. With the supplier discount, you pay a small percentage over the price paid by employees of these vendors for most new and unused vehicles. You may lease or purchase up to two eligible vehicles per year.
Pet, Auto & Homeowners Insurance Discount Program	Employee	Upon employment.	As an employee or retiree of the University, you may save up to 20% on pet, auto and home insurance through Liberty Mutual's Group Savings Plus program. You may also receive: • Competitive rates, guaranteed for 12 months • Convenient payment plans • Round-the-clock claims service • 24-Hour Emergency Roadside Assistance
Cedar Grove Cemetery	Employee	Upon Employment.	Eligible persons may purchase up to four graves or four above-ground interments for their burial or that of their family. For more information visit cemetery.nd.edu

This is a general summary of benefits. It does not replace the legal plan documents or contracts for each of the benefit plans and should not, in any way, be considered a legal contract or guarantee of coverage.

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