



SHOW YOUR TRUE COLORS  
And choose how you start to lose

The University of Notre Dame is committed to helping you reach your weight-loss goals and improve your overall health by offering a **50% subsidy** on the Weight Watchers® offerings listed below.

With Weight Watchers proven, personalized approach to weight loss **through food and fitness**, you can achieve a healthier, more fulfilling lifestyle that is not only measured in numbers but around the whole you.

Weight Watchers Meetings*		Weight Watchers OnlinePlus**	
Enjoy convenient meetings in your workplace and unlimited meetings in your local community		Easily follow the plan step-by-step entirely online with digital and mobile tools <sup>†</sup> , including:	
<ul style="list-style-type: none"> <li>• Our <b>BEST value</b></li> <li>• Get <b>FREE access to OnlinePlus</b>, our full suite of digital tools to help you stay on track between meetings</li> </ul>		<ul style="list-style-type: none"> <li>• Weight tracker, progress charts, restaurant guides <b>and much more</b></li> <li>• Available for men and women with tailored content that speaks directly to each audience</li> </ul>	
<b>Monthly Pricing</b>	\$38.22	<b>Monthly Pricing</b>	\$16.96
<b>Subsidy</b>	50%	<b>Subsidy</b>	50%
<b>Your Monthly Cost</b>	<b>\$19.11</b>	<b>Your Monthly Cost</b>	<b>\$8.48</b>

To purchase either of these Weight Watchers offerings, or for more information, visit <https://wellness.weightwatchers.com>

**Employer ID: 40434**

**Employer Passcode: WW40434**

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

\* Monthly payment is required in advance. The subscriber will automatically be charged each month in accordance with company pricing until they cancel. Sold in participating areas only; may not be accepted for local and/or At Work meetings in all areas. Minimum enrollment and participation required to start and maintain an At Work meeting.

\*\* OnlinePlus subscription will be automatically renewed each month and you will be charged in accordance with your company's pricing until you cancel.

<sup>†</sup> Digital tools and apps available only with OnlinePlus or eTools subscription. Apps available for iOS and Android devices.

© 2016 Weight Watchers International, Inc., owner of the WEIGHT WATCHERS registered trademark